

## NEXT EVENTS

<p><b>Tuesday 14th February</b>  <b>Buxton Library</b>  <b>10 am to 3pm</b></p>	<p><b>WELLBEING DAY</b>                  Transition Buxton will have a display here.</p>
<p><b>Thursday 16th February</b>  <b>The Pauper's Pit,</b>  <b>The Old Hall Buxton.</b>  <b>7:30 pm</b></p>	<p><b>FOOD Inc. (2008 film)</b>                  Does your food come from a farm, or a factory? This factual film shows how food production has drastically changed since the 1950s, and explores the resulting health and environmental effects.</p>
<p><b>SATURDAY 18th February,</b>  <b>METHODIST CHURCH kitchen,</b>  <b>BUXTON MARKET PLACE</b>  <b>2pm to 4pm</b>  <b>£4 entry</b></p>	<p><b>EAT REALLY WELL FOR LESS</b>                  A demonstration of economical meal preparation by Pat.                  Book your place with Jilla on 01298 71061</p>
<p><b>SATURDAY 25th February,</b>  <b>Spring Gardens, Buxton</b>  <b>10 am to 2pm</b></p>	<p><b>SEED SWAP</b>                  Bring along your spare seeds and swap for others.</p>
<p><b>Thursday 15th March</b>  <b>Pauper's Pit,</b>  <b>The Old Hall Buxton.</b>  <b>7:30 pm</b></p>	<p><b>TAPPED (2009 film)</b>                  What's wrong with making a profit by selling bottled water? Should Coke and Nestle make massive profits selling bottled water while the towns that once owned the water suffer drought? These and other questions answered in this factual film by Stephanie Soechtig, Jason Lindsey, and Josh David.</p>



February 2012

NEWSLETTER

### Do you live in an old stone house ?

### Do you find it expensive to heat ?

Transition Buxton is taking part in a project run by Rural Action Derbyshire to assess the energy losses in local old stone houses (many of which are in Buxton). These houses are notoriously expensive to heat, since they have no cavities to fill and can sometimes have restrictions with regard to double-glazing.

Rural Action Derbyshire is bidding for a grant to help fund the training of more voluntary energy assessors who, on

request by homeowners will calculate the amount of energy lost by the house and show how much energy can be saved by making changes around the house, some of which can be quite inexpensive.

If you would like to become a Volunteer Energy Assessor (VEA) or would like a free assessment of your house contact

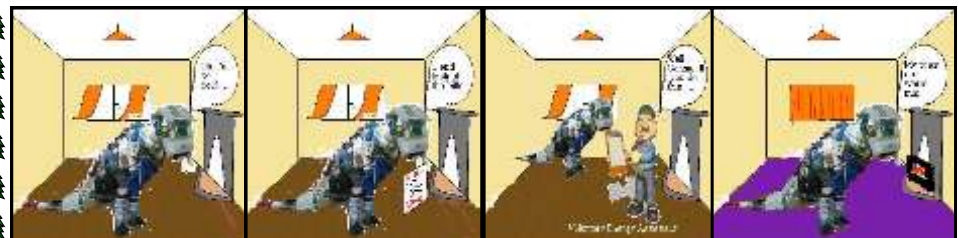
**Joe Dugdale**  
 on :-

Direct Tel: 01629 821924

Mobile: 07743 850127 Switchboard: 01629 824797 or

[j.dugdale@ruralactionderbyshire.org.uk](mailto:j.dugdale@ruralactionderbyshire.org.uk)

### Connie the Consumasaurus ..... Energy conscious.



## 2011 Highlights

Last year was a very busy year for TB; we ran a number of events and workshops, here's just some of them:

January began with frost-bitten toes manning the Recycle Christmas stall. The February seed swap was also chilly, but if you have any spare seeds just bring them along to [Green Drinks](#) on the last Wednesday of any month.

March heralded the first planting of our dispersed community Orchard and the first



pruning workshop took place on January 8th this year.

April was brightened up by a "Jazz up your Jacket" workshop which was complemented by a talk by Helen Jagger

about sustainable fabrics .

A very well-attended debate about the Buxton-Matlock railway line was the highlight of May. Experts from diverse interest groups gave their views and fielded questions from the audience. For the detail consult our web-site, it makes interesting reading.

In June we had a very interesting visit to the Waterswallows recycling site, when we saw at first hand how our waste is treated. We found out then that the composting procedure couldn't cope with complex cardboard items, i.e. anything with coatings (that's the reason for the changes to waste collections) and that everything in your black bin goes to an incinerator near Stoke.

Transition Buxton was well-represented at Festival time too; Connie Consumasaurus went in the carnival procession, where she nabbed 2 prizes . Also Funny Wonders (the



puppet show people) put on a fantastic performance around a story based around the transition movement.

Funny Wonders also took part in our "Spend Less Smile More" event in October, providing puppet-making and musical



instrument workshops. The day was aimed at encouraging people to grow their own food, use less energy and make textile items so saving money. Peak Organics showed the produce from

their allotments, and Hannah conjured up a team of super-models and treated us to a frankly amazing "trashion" show.

Another interesting workshop we ran, was charcoal burning on a domestic scale. We collected the wood on the way, saw how it was done and sampled sausages cooked on the results afterwards. All you need is an old dustbin, some wood and a little time.

## Supermarket Sweep

You'll all have noticed that Tesco has withdrawn their planning application, though we expect them to re-apply in the fullness of time.

We would only like to draw your attention to the fact that these huge supermarkets do nothing to help the environment, as they encourage widespread waste of food that does not quite reach their standards of

shape and size; they use vast amounts of fuel transporting goods from all over the world, when we want to encourage local produce to be used; they force farmers to accept low payments; they destroy small local businesses by diversifying into every possible area of retail. We would advocate developments that enhance the town for example Railway expansion, an indoor market or leisure centre for this site.

## To Share is To Save

**Filmshare:** Over last autumn and winter we've put on several films at the Pauper's Pit, and together with those from previous showings we've built up quite a collection. Recent additions are "Turning Point", "Home", "The Man who stopped the Desert" and "Gasland". They are available to borrow in exchange for a small donation, contact [filmshare@transitionbuxton.co.uk](mailto:filmshare@transitionbuxton.co.uk) . We'd also love to hear from you if you have suitable films to add to the pool.

**Bookshare:** We also have books on the transition movement , and similar related subjects, that may be borrowed.

To find out what's available or to offer books for sharing, get in touch with [charles.jolly1@talktalk.net](mailto:charles.jolly1@talktalk.net).

**Landshare:** We've also been putting people who want to grow fruit and vegetables with people who have spare land available. If you fall into either category and want to know more contact [jilla.burgess-allen@virgin.net](mailto:jilla.burgess-allen@virgin.net).

**Skillshare:** Share your craft skills at "Woolgathering" sessions. These are sessions where people get together with a spot of sewing, crocheting or knitting over a cup of tea, and exchange tips and ideas. To find out where and when, contact [pennykill@hotmail.com](mailto:pennykill@hotmail.com).

Find out more about Transition Buxton and what we do at: [www.transitionbuxton.co.uk](http://www.transitionbuxton.co.uk) or look at our [Facebook page](#).

If you'd like an informal chat come along to the Sun Inn, Buxton from 8pm on the last Wednesday of every month for Green Drinks.