

## NEXT EVENTS

### FILM SHOWS

Thursday 17th January

#### Revenge of the Electric Car

How the big car companies failed to kill the car that doesn't use fossil fuel.

Thursday 21st February

#### Shock Doctrine

Naomi Klein's expose of how modern capitalism depends on perpetual war.

Thursday 21st March

#### Growing Change

An uplifting film about achieving sustainable food production in Venezuela.

All films at 7:30pm in the Pauper's Pit, Old Hall Hotel, Buxton

### WORKSHOPS

**Saturday 26th January, 3-6pm**

For more information and to book a place, call 01298 71041.

#### Wine Making

Learn how to turn surplus and foraged fruit into delicious wine.

**Sundays from 3rd Feb, 2-4pm**

For more information and to book a place, call 077 696 27133 .

#### Cookery Sessions

3rd Feb - Nine Ways to Cook an Egg  
10th Feb - Cooking with Cheese  
17th Feb - Soups and Stews  
24th Feb - Pasta, Rice etc.  
3rd Mar - Pies and Pasties  
10th Mar - Can't Cook Challenge

Or email us on:  
contact@transitionbuxton.co.uk

Plus more Workshops on **Skill with Textiles , Grow Your Own Food, Reduce Home Energy Use , Safe Cycling ...** - more information soon.

### REGULAR MEETINGS

**17th of the month, from 8pm**

Sun Inn, High Street (starting February)  
Contact scowcroft@gmail.com

#### Green Drinks

Join us for an informal chat over a drink, and work out the riddle - why the 17th?

**Some Thursdays, 12-2pm**

Pavilion Gardens Café  
Contact pennykill@hotmail.com

#### Wool Gathering

Get together to knit, crochet, drink tea, eat cake, share tips and ideas

Find out more about Transition Buxton and what we do at:-  
[www.transitionbuxton.co.uk](http://www.transitionbuxton.co.uk) or look at our Facebook page.



# Transition BUXTON

January 2013 NEWSLETTER

## SIGN UP TO OUR BASIC SKILLS WORKSHOPS

Thanks to generous funding from the Bingham Trust, Derbyshire Community Foundation and the Round Table, we can offer a full programme of workshops this year, focussing on how to beat the recession and help the environment at the same time.

Firstly, as no doubt your cupboards will be bare following the festive season, on Saturday 26th January, there's an afternoon on how to MAKE YOUR OWN WINE from fruit you can grow or collect for free.

Then it's BASIC COOKING SKILLS, six sessions that will enable you to ditch expensive and unhealthy takeaways and ready meals, and conjure up your own creations using cheap ingredients, gluts and left-overs. Every Sunday afternoon from 3rd February to 10th March. The two following Sundays, 17th and 24th March, there'll be more advanced sessions covering bread-making and vegetarian cooking.

In parallel with that there will be a six week series of workshops on BASIC TEXTILES SKILLS - how to mend and alter clothing, plus the essentials of sewing, knitting, crochet, patchwork, rag rugs and lots more. The workshops will concentrate on how to use up scraps of material, and create a new lease of life for clothing you never thought you'd wear again.

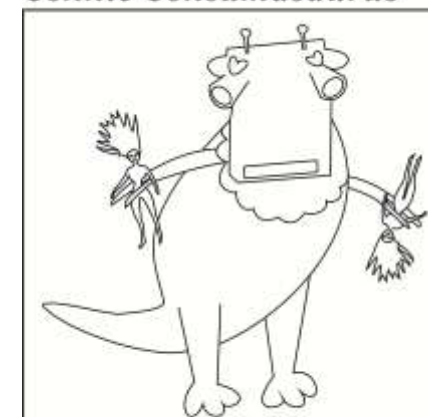
Once the weather warms up we'll be heading outdoors, and looking at how you can GROW YOUR OWN FOOD cheaply and sustainably, even if you only have a small area available, as

well as how to look after or refurbish old, neglected garden tools .

Later in the year, we're planning workshops on safe cycling, on how to reduce energy use in the home and on how to make up your own domestic cleaning stuff.

All the workshops are free to attend, though we will happily accept a donation towards costs if you can afford it. The workshops are limited as regards numbers, so we do need you to register in advance. There will be more information on our website - [www.transitionbuxton.co.uk](http://www.transitionbuxton.co.uk) or you can phone Janet on 01298 71041, or email [contact@transitionbuxton.co.uk](mailto:contact@transitionbuxton.co.uk)

### Connie Consumasaurus



... would love to grow her own food - but which way up do you plant a Barbie?

## 2012 Highlights

Our different groups have been busy during the year with all kinds of activities.

### Food Group

..... held our annual Seed Swap and Plant Swap in Spring Gardens, in March and June respectively. If you ever have seeds to swap, just bring them along to our monthly Green Drinks - see the Events page for details.

We also ran a pilot for our Winter Workshops programme, a great demonstration on how to provide economical meals for the whole family. This was well attended and if you want to



find out more – check out the video on YouTube called "Transition Cooking".

An ongoing project, which started in March, was the allotment clearing in Fairfield. Four disused plots were cleared of all kinds of debris, and have been handed back to HPBC to lease to people on the allotment waiting list.



The Food Group also runs our LandShare project which matches “landowners”, who may not have time or energy to cultivate their own property, in touch with growers eager to have informal allotments.

### Energy Group

On a balmy, March day the energy group hosted a visit to Bushey Heath Farm on Tideswell Moor, where the owners have gone a long way on the route to energy self-sufficiency. They have installed a wind turbine, an extensive ground source heat pump and rain-water harvesting which is used for flushing toilets in their hostel type accommodation. It was part of their whole philosophy to save money as well as renovating the buildings in a sustainable manner, using reclaimed materials.



During May, Marge and Charles attempted to educate us with entertaining talks. Marge reported on a conference she had attended, which tackled the possibility of using Direct Current (DC) sources of energy, as produced by solar panels, for all those items such as mobile phone chargers which waste energy using transformers to convert Alternating Current (AC) to DC. Of course it does mean having to have two separate electric circuits, and while the theory makes sense, the technology is still in development. Marge was going ahead with installing solar panels on her house, but as a standard AC system.

Charles gave us an explanation of how TEQs (Transferable Energy Quotas) could reduce energy consumption and share it fairly amongst the whole population. Each person would be given a certain number of TEQs which would be used to buy all forms of energy. Energy conscious people who used less than their quota would be able to sell the surplus. Companies would also be allocated TEQs, and have to pay if they needed more. The important thing though would be that the total amount in circulation would be fixed according to national Carbon reduction targets, and would reduce year on year. It sounds far fetched, but is being considered seriously by the government at the moment.

### Textiles Group

The textile group has been busy too, with another Swish, held in Fairfield this time, and regular Woolgathering meetings in the Pavilion Gardens, where keen craft workers get together to knit, crochet and sew, fuelled by cups of tea and slabs of cake.

### Awareness Raising Group

Education has been high on the list.

In March on PSHE (Personal, Social, Health and Economic Education) day, Transition Buxton took part in two very successful events at Buxton Community School,:-

Charles and Aggie ran three sessions for year 13 giving information about peak oil, sustainability and climate change.

Janet took part in “Any Questions”, the now annual opportunity for sixth formers to quiz local politicians - and Janet, as the non party political, activist alternative.

We feel it is very important to involve the younger members of the community in thinking about how we can combat the world's problems at a local level.

On the fun side, we hosted a Consumasaurus Building competition in July, in Jurassic Car Park (aka the old Baker's Arms). Three local



schools, St. Thomas More's, Fairfield Primary and Buxton Juniors, had built dinosaurs made entirely out of rubbish, to join Connie Consumasaurus around the BarbieQ. The event was part of the Buxton Arts Trail, and a succession of visitors passed through during the weekend. Some even stayed to join in building yet another playmate for Connie.



Last but not least, in conjunction with Buxton Film Club, we showed a number of films: 'GASLAND' - all the things that have been going wrong with 'Fracking' in the US 'FOOD Inc' - the horrors of our industrialised food production system 'TAPPED' - an insight into the devastating effects of bottled water industry 'IN TRANSITION II' - how Transition Towns across the world are getting on 'NO IMPACT MAN' - a quirky story about living with minimal energy use in New York 'WASTE LAND' - the amazing tale of the artist and the rubbish pickers in Brazil And with Churches Environment Group: 'SILENT SNOW' - how pollutants from all over the world accumulate in the far north.