NEXT EVENTS: Green Drinks Informal gathering with a monthly discussion topic as follows: Monday 17th August Eco-tourism at home and away. - recommendations of existing holidays and ideas on how it could be developed locally. Community Orchard - Ideas on where it Thursday 17th September could expand to and its maintenance. The Paris Summit. What can we do? Saturday 17th October For more information, email 20:00 to 22:00 contact@transitionbuxton.co.uk Sun Inn, High Street, Buxton or call 01298 71041 Sat. & Sun. 25th & 26th July **Jurassic Car Park Party** 11:00 to 17:00 Connie's car park. Dinosaur making (see centre page). Sat. 12th Sept. 12:30 to 15:00 **Pot Luck Picnic** (Date to be confirmed) Bring food and drink to share. Games for children and maybe a barbecue. Films, Talks and Workshops Autumn To be arranged

Have a look at our website on www.transitionbuxton.co.uk
See our Transition Buxton Facebook page
Join the Transition Buxton Facebook Group
Follow us on twitter at https://twitter.com/transitionbux





July 2015

NEWSLETTER

SUSTAINABLE LIFESTYLES



The government has recently scrapped the aim of all new homes being zero carbon by 2016, so sadly homes such as the one above will not be the standard build in the near future.

To read the full story, here is the link - www.theguardian.com/environment/2015/jul/10/ukscraps-zero-carbon-home-target.

Running up to the May election we ran a hustings dedicated to the Environment and Sustainability, where all candidates for High Peak MP were quizzed on their party's stance by members of the 40 strong audience. While the questions covered a huge range of topics, the subject of Zero Carbon Homes was unfortunately not broached. You can download the list of candidates, the questions and their answers from our website -

http://transitionbuxton.co.uk/node/590

Transition Buxton at least, backs a sustainable lifestyle in order to attempt to slow down global warming and also to promote better wellbeing for the local community.

We urge people to: -

Grow more of your own food or at least buy locally grown food.

Walk more or use public transport often. Shun products with too much packaging. Prepare your own meals from scratch. Insulate your house.

Use renewable energy.

Reduce your consumerism by reusing and recycling.

Make your own compost to enrich the soil. Get to know your neighbours and share your skills as well as tools.

To promote these ideals we have run various workshops on gardening, cookery, bicycle maintenance, wine-making, thermal linings for curtains, clothes repair, Christmas decorations and domestic energy saving.

We have annual seed and plant swap events, as well as attending the Spring Fair and other local fairs, often taking Connie Consumasaurus along



for moral support. This year's plant swap raised £138, badly needed to pay the insurance bill.

A very popular workshop for families has been the dinosaur making. We are holding another on July 25th and 26th as part

of the Buxton Arts Trail, which is in turn part of the Buxton Fringe. Connie will be overseeing this event. We will be creating mini dinosaurs from waste materials, such as plastic bottles and scrap material. DO COME ALONG.



One means of producing local food is the creation of an orchard dispersed around Buxton, which has been added to this year - 8 trees were planted in Cote Heath Park and 7 in Ashwood Park. This was featured in the June issue of Derbyshire Life.

Our Food group also kick-started the Serpentine Community Farm, which has hosted an Open Day this month, when visitors including the deputy

mayor were shown around the facility and treated to organically produced refreshment. It has now been going for a year and the newly furbished greenhouse has produced quite a variety of plants. All this has been done in a series of volunteer days held throughout the year, initially clearing the site, renovating one of the greenhouses and growing plants. A community interest company has been formed to organise the development into an education facility in conjunction with Buxton and Leek College and The University of Derby. It has also just received the license from HPBC to continue working there.



Each Autumn/Winter our Awareness Raising group organises a programme of international films and talks covering climate change, fracking, waste and many other topics. The most recent film was "Voices of Transition", which features sustainable developments in Cuba and France.

Planning Buxton's Economic Resilience

November 2013 We held a day-long seminar on "An Alternate Economy for Buxton", which covered Local Currency, Participatory Budgeting, Steady State Economics, a Time Voucher system and more. Following this a small team got together to investigate Buxton's economic resilience in order to provide data and evidence to



influence future developments and priorities.

14th January 2015 Presentation of the Economic Resilience Study. The study results were presented to an audience of over 30 people, including local business representatives as well as HPBC's then leader, Caitlin Bisknell, and Executive Director Dai Larner. The summarised findings and proposals of the report are:-

- Buxton households spend over £30m each year on food and drink, but only 1% of this is spent in local independent shops. Just a 10% increase in local food sourcing would result in an increase of over £800,000 flowing into the local economy per annum.
- Buxton households spend around £12m each year on energy in their homes. Investing in improving the energy efficiency of just 1% of the domestic buildings in the town each year would result in an increase of £300,000 flowing into the local economy annually and would also reduce our energy needs by around £60,000 per annum.
- The introduction of renewable energy generation into just 35 houses in Buxton each year would contribute a further £250,000 to local businesses per annum and benefit householders through savings and income by £65,000 a year. In addition a community renewable energy hydro project could generate £35,000 p.a. through the feed-in-tariff and generate enough electricity for 50 homes.

Please download, read, share and use the data in the report and appendices, which are freely available on our website at this link:

http://transitionbuxton.co.uk/node/577

In addition to presenting the study findings, team members led mini workshops on some of the main themes covered by the report, including:

Increasing the use of local shops and suppliers, so reducing the amount of money lost to huge international conglomerates.

Retrofitting our homes and public buildings. Developing the potential for generating more of our own electricity through local community renewable energy projects.

In discussion in the workshops it was clear that members were interested in promoting health and wellbeing in our community as well as economic viability, so a group was formed to develop such tools and strategies within Transition Buxton. This Health and Wellbeing group have now met several times but would welcome new members.

Another group is starting to come together to explore the exciting though slightly daunting task of getting our first community renewable energy project up and running.

We are also pleased to report that Buxton and Leek College will be offering Retrofitting Skills courses in their new building skills facility.



QUIZ PRIZEWINNER

lain got 21 out of 25 correct answers and received a selection of goodies as his prize. The answers are on the website.

If you would like to take part in any of our events or groups or have ideas for new workshops please come and join us. It only costs £1 to become a full member. We also have an informal discussion group, Green Drinks, on the 17th of every month at 8pm in The Sun Inn, High Street, Buxton.

To find out more check out our website www.transitionbuxton.co.uk, our Facebook Page, or join our Facebook group.